

## 90 Clinicians Attended Psychodynamic Therapy Training

Major kudos to Training Institute Director Lea Scharf, LCSW for coordinating the Psychodynamic Therapy training on April 28th. It was outstandingly well attended. The training was taught by Hindy Klein, PhD, a life-long psychoanalyst. She has invested 40 years in immersing herself in the world of psychoanalysis. She is a top expert in the frum world, and in general.

Hindy Klein gave a comprehensive lesson on the use of the self in the therapeutic process. She discussed transference and countertransference. She discussed relational psychoanalysis, which is a newer type of psychoanalysis. She discussed boundaries in the therapeutic process.

She enumerated the whole process, from the first phone call the client makes to the therapist until termination. She taught about attachment styles and how attachment shows up in the therapeutic relationship and the therapeutic process from a psychoanalytic perspective.

The high turnout for this training shows the excellence of our clinicians. They so want to expand their knowledge and expertise. Our clinicians are very serious about learning and fine tuning their skills, which is very admirable. It sets Pesach Tikvah apart from the competition.

Attendees said:

“I loved Dr. Klein’s training. She is such a dynamic speaker. The time just flew by. I learned the importance of myself in the patient/therapist relationship.”

“I’ve walked away with a better understanding in the subject.”

“I thought hearing about her work with her clients was the best part!”

“I learned about setting boundaries, paying careful attention to the therapeutic relationship and what that tells you about the client.”

Thank you to everyone who attended the training, Lea Scharf, as well as Lea Scharf’s assistant, Nechama Greenberg.

## Keshar Connection Leaders Attended the Care Management Coalition Conference

Care Management organization managers from across New York State gathered to network and learn about care management at the New York State Case Management Coalition Annual Training Conference. The conference was in Niagara Falls on April 16-17. The event educated care management leaders.

The trainings included seminars on policy updates, how to improve employee retention, and how to improve the workplace. Between sessions, Devorah Krauss, Keshar Connection Adults Outreach and Intake Coordinator, and Risha Friedman, Health Homes Children Assistant Program Director, met with a group from the NY State Office of Mental Health. OMH gave them very positive feedback – Pesach Tikvah’s Keshar Connection stands out among care management organizations. The meeting with OMH was very validating – they know Pesach Tikvah’s work and think it is very good.

Workshops included education on communicating with employees as well as empowering employees; a training from TCOM on the CANS assessment; a training on establishing boundaries with clients; and how to work with very needy clients.

Thank you to Devorah Krauss and Risha Friedman for attending this conference. They brought back practical knowledge to implement in their departments.

## Data Department Had Team Building Day

The Data department recently took a step away from their normal routines for a team building day.

The day started with a Yeti-themed escape room. Teams worked through a series of puzzles and clues to complete the scenario within the time limit. There was a mix of approaches, with groups trying different strategies to solve the challenges.

Next was a game show-style competition. Teams competed by answering questions and completing challenges, with points awarded throughout the rounds. It was very competitive despite one team having a clear edge over the other.

The final activity was a VR session where participants took part in a zombie-shooting game. They worked as a team to save an abandoned prison from being overrun by zombies.

## Good News from Pesach Tikvah Programs

Clinics:

- 926: Many clinicians attended the Psychodynamic Therapy training.
- 5309/4111: Mazal tov to Riki Weinberger on her engagement!
- 5309/4111: New groups are forming! Moishy Anderson is launching a men's group and Esther Deutsch's group will be starting as well.
- 640:

CORE:

- CORE's annual Staff Appreciation Dinner is scheduled for Wednesday, July 15th and will feature a dynamic, interactive presentation by Danielle Labate Covalli from OMH. The dinner is always an enjoyable, informative meeting and an opportunity for CORE staff to bond, learn, and experience appreciation and validation of their important work and contributions to the community. Stay tuned for further details!

Simpatico:

- Mazal tov to Simpatico's new engagements! Sury Salamon, Matty Hechel, Yides Weiss, Roizy Brach, Esther Kahn, Mimi Friedman, and Esty Schwartz.
- Mazel Tov to Goldy Moskowitz on the birth of her baby girl!

- Mazal tov to Gitty Biner on the birth of her baby boy!

Senior Services:

- Senior Services hosted group therapy for seniors at the Hobby House with Susan Weinberger, LCSW. She spoke about communication and getting along with other people.
- Senior Services hosted group therapy for seniors at Pesach Tikvah with Malki Gestetner, LCSW. She led guided meditation and a discussion on aging.
- Senior Services hosted a luncheon for Holocaust survivors at the Schaeffer. The gift was a potted plant that each participant planted herself. Everyone had a great time.

Keshet Connection:

- Keshet Connection is creating a new page on Pesach Tikvah's website for their new program, Nurturing Hearts.

CCBHC:

- CCBHC hired a provider who can help clients with time management.
- CCBHC hired a provider who does art with teens.
- CCBHC is continuing to expand. If you would like your client to receive CCBHC services, contact director Hendy Roth at [hroth@pesachtikvah.org](mailto:hroth@pesachtikvah.org).

HR:

- Mazal tov to Rena Wogan on her engagement!

Data:

- Last week, Data had the opportunity to present to CBC, the lead Health Home in New York, on a set of dashboards we built for Health Home workflows. The work, led by Alex Gursky and Ruchy Lustigman, focused on a practical problem: how do we take reporting processes that are often manual, repetitive, and hard to track, and turn them into live dashboards that fit into the way teams already work? The result was a dashboard system that improved efficiency by 95%! What made the conversation especially meaningful was that this was not just about solving an internal problem. The dashboards were built in a way that could be useful beyond our own organization, with clear insights, live data, and workflows that can support Health Homes and mental health programs more broadly.

COMHAB and ICF:

- Thank you for continued great work!